

Journey to Your Inner Self ©

An immersive leadership journey for self-awareness, deeper reflection and more conscious leadership behaviour.



Have you ever seen experienced leaders handle business complexity well, but avoid the more difficult work of understanding how their own patterns, reactions and blind spots shape the people and systems around them? The harder leadership questions are rarely about tools. They are about self-awareness, courage, emotional maturity and the ability to face what is usually left unsaid.

Journey to Your Inner Self©© is an experiential leadership development program designed for senior leaders, experienced managers and key talents preparing for higher responsibility. Using the model of an initiatic journey to the ancient Oracle of Delphi, the program is built as an immersive experience with group coaching, real-life challenges, reflection and guided feedback, the program creates the conditions for participants to observe how they behave under pressure, how they make decisions, how they deal with conflict and how they address difficult personal and organizational issues.

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• Who is it for?

- Senior executives
- Experienced managers preparing for broader leadership responsibility
- Key talents preparing for executive or strategic roles
- Leadership teams that need deeper reflection, trust and alignment
- Organizations looking for a more profound alternative to classical leadership development

• What does it help leaders confront?

How do I behave when pressure, ambiguity and complexity increase?

- What leadership patterns help me create trust, clarity and performance — and which ones get in the way?
- What difficult issues do I avoid, rationalize or leave unspoken?
- How do I deal with conflict, crisis, emotion and uncomfortable feedback?
- What kind of leader do I become when I stop performing the role and start observing myself honestly?

• What to expect?

- An immersive experiential journey built around symbolic milestones, business challenges and guided reflection
- Group coaching that creates space for honest dialogue, multiple perspectives and deeper insight
- Real-life pressure, ambiguity and unexpected situations designed to reveal authentic behavioural patterns
- Structured reflection on conflict, decision making, crisis management and difficult organizational conversations

• How is it delivered?

FORMAT

Delphi, Greece

DURATION

3-day program

COHORT

Up to 12 participants